**vernon**

The BIGGEST of the (4) gyms, this long-standing part of town became the latest Big Sky in 2013.  Warm, comfortable, family-friendly  .  .  .  this health club is often described as your

*"home away from home".*

If you’re looking for gyms in Vernon, gyms in Manchester, or gyms in South Windsor, Big Sky Vernon is conveniently located right on the Vernon/Manchester line, just minutes from the Buckland Hills Mall.

Big Sky Vernon is a 2-level gym with GREAT cardio spread throughout, and ALL the strength equipment you could ever need. Three different turf and rubber Functional Training areas, and a designated section for Crossfit-style, Power, and Olympic lifting.

Need help reaching your goals ? Everyone at Big Sky gets (2) FREE Personal Training sessions included with their membership to help them get started !\* Spending just 45 minutes with one of Big Sky’s *legendary* Trainers can SIGNIFICANTLY improve your results !

Your Trainer will work with you, encouraging you to show up and stick with it.

They’ll get you **BETTER RESULTS… FASTER !**

Looking for classes ? This club features the **BEST Group Fitness Classes:**

Spinning, Zumba, Group Power, Centergy, Insanity, Piloxing… just to name a a few !

This gym also has a very private women’s only fitness area, a newly renovated indoor pool,

a HUGE, clean, safe and secure Kids’ Club, on-site Massage Therapy, and an ECHN Physical Therapy office.

**You’ll find it ALL at Big Sky Vernon !**

Big Sky Vernon Club Hours:

Monday thru Thursday 5:00am - 10:00pm

Friday 5:00am - 9:00pm

Saturday 6:00am - 5:00pm

Sunday 6:00am - 2:00pm

Big Sky Vernon Kids’ Club Hours:

Monday thru Friday 8:00a-12:00p

Monday thru Thursday 5:00p-8:00p

Saturday & Sunday 7:45a-11:45a

JOIN NOW

\* with a 12+ month membership

Word Count - 291